



THE “BEST” INFORMER

WEDNESDAY, SEPTEMBER 17, 2025

TODAY IS DAY 1



****Please note: All new and changed items are in red****



GENERAL ANNOUNCEMENTS

TODAY - RESOURCE FAIR

Be sure to come to the lobby today to check out the many resources our Tri-Cities has to offer students and families!

Access Youth, YMCA, share, ACT 2, City of Coquitlam are just a few of the many resources that will be here.

YOUTH WORKER ROOM CLOSED FOR PART OF TODAY

Due to the Resource Fair from blocks 2-5, Ms. Bjornson's room will be closed during that time.

LAST CHANCE - STUDENT COUNCIL APPLICATIONS

The form will close on September 18th at 8:00am. Please use the QR code below, thank you.



CLC12 FIELD TRIP (FREE!) TO THE CANADIAN UNIVERSITIES EVENT, OCT. 1

There are 15 “spots” left on the bus for the **October 1st** CLC12 fieldtrip to the Canadian Universities Event at Riverside Secondary. Grade 12's (and starting today – Grade 11's !), can grab a permission slip in room 309. Completed permission slips can be returned to room 309 to reserve a spot on the bus. First come first served!

TOMORROW - GRADE 9 PARENT NIGHT

The school will be hosting an information night on **Thursday, September 18th** at 7:00pm for parents of grade 9 students. Parents are to meet in the large gym.

EMERGENCY FORMS NOW OVERDUE

Yellow emergency forms that were distributed during your Advisory class on Sept. 2 are due to the office no later than **Friday, September 12**. Please ensure BOTH sides are completed!

NO SCHOOL FRIDAY

Friday, September 19th is the first Pro-D day of 2025-2026. There is no school for students this day.

STUDENT PARKING

Students will be EMAILED to come to the office to pick up their pass.

Students must be able to produce their 'N' license at time of pass pick up. .

Students who don't receive a pass this year can park in the overflow lot at Coquitlam Alliance Church.

CLUB EVENTS

WEIGHT ROOM CLUB

Anyone wanting to work out some days after school, please see Mr. Adams or Mr. Anania for a weight room club registration form.

GRADE 12 INFORMATION

TOMORROW - SENIOR SAIL BUS SIGN UP

Grade 12's: sign up for the buses to and from Senior Sail will be held after school on **Thursday, September 18th**. You and those you want to travel with must be in attendance at Thursday's sign up.

CAREER CENTRE NEWS: OPPORTUNITIES FOR ALL STUDENTS

BEST CAREER CENTRE

Our school's Career Office offers resources **for all students**.

Check out the [Career Centre website](#) for constantly updated events and opportunities for personal growth, volunteer positions, sometimes even jobs, and many post-secondary events. In addition, Ms. Kaufmann, our Post-Secondary & Career Advisor, is available to support students with the university/ college planning and application process as well as with scholarships. Drop in or make an appointment by emailing skaufmann@sd43.bc.ca. The Career Centre is also on Instagram [@bestcareercentre](#)

DISCOVERY DAY IN HEALTH SCIENCE

The Canadian Medical Hall of Fame is returning to the BC Children's Hospital Research Institute on Thu, November 6, 8.15 am - 3.15 pm. Students in grades 11-12 will get the opportunity to explore a variety of career options in medicine and the health sciences. The day includes a keynote lecture, 2 hands-on workshops, and a career panel discussion. Students gain a clear picture of what it would look like to be a health professional by interacting with researchers, clinicians and educators in their real-life work setting. Seats are extremely limited (likely only 2 students from CBSS). Deadline to express your interest is **Wed, September 24**. [More info](#).

MINI MED SCHOOL

Students in grades 11-12 will have the opportunity to explore the world of rare diseases, examining the challenges in diagnosis, treatment, research, and patient support. Look ahead to the future, uncovering how emerging technologies are revolutionizing clinical care and how scientific breakthroughs are shaping global health policies. **Wednesday, Oct 22 | Oct 29 | Nov 5 | Nov 12**, 6.30-8 pm. Students can apply to participate in person at the BC Children's Hospital Research Centre, live virtually, or recorded on demand.

Deadline: September 26. [More info](#).

ADOPT A TRAIL

Leadership and our school have taken on this job, and our area is the perimeter of Mundy Park. If any students need volunteer hours and would like to help us, please see our school Youth Worker Heather.

The obligation is only once a week.

SFU SCIENCE ALIVE: EXPLORING AI

Exploring AI: the Good, the Bad, & Beyond is a series of seven online workshops that run from 10-11:30 am **every Saturday between Sept 20 - November 8, 2025** (except for the Thanksgiving weekend). Grade 8-12 students will explore artificial intelligence (AI), while learning more about generative AI, ethics of AI, and real-world uses of AI in STEM fields, while learning more about coding! Some experience in text-based coding is recommended. [More here](#).

GAIRDNER HIGH SCHOOL SYMPOSIUM

Organized by the Centre for Molecular Medicine and Therapeutics, the Gairdner High School Symposium is an annual half-day event that gives secondary students in grades 10-12 the opportunity to interact with Gairdner award-winning scientists and BC Children's Hospital researchers. **Monday, October 20**, virtual or in-person.

[Register](#) by September 21.

EXPLORE MARITIME CAREERS AT PORT DAY VANCOUVER

Discover potential career paths, connect with industry professionals, learn about the diverse opportunities in the maritime sector. **Saturday, September 27**, 12-5 pm, Ballroom A & B, Canada Place. Additionally, there will be live music, performances, community exhibits, displays, and fun activities for all ages! [More info](#).

JOB SHADOW DAY IN FINANCE

This free, day-long program for young women and gender-diverse high school seniors features interactive workshops, networking and mentoring sessions, presentations profiling women with diverse careers in finance, and an afternoon of job shadowing with a mentor who works in the industry.

Wednesday, Oct 29, 8:30 am - 3:30 pm. [Register](#) A.S.A.P.

(only 4 students/ school can participate, first-come, first-serve)

PLACE DES ARTS YOUTH COUNCIL

The council organizes and hosts one youth-oriented event each year and advises Place des Arts on teen engagement. Must be a student (age 13-17) with a strong interest in the arts (i.e. visual arts, music, dance, theatre arts and/or literary arts), interested in developing leadership and event planning/ marketing skills.

[See details and application here](#).

POST SECONDARY EVENTS

TODAY - UNIVERSITY OF TORONTO VISIT

Students in grades 10-12 are invited to join us in the library on **Wed, September 17, after school**. A recruiter from the U of T will give a presentation about everything the university has to offer and will be available to answer your questions after. Mark your calendars!

Also, U of T has an early application deadline of November 7 – so start your research now!

TOMORROW - UBC APPLICATION WORKSHOPS

This webinar will give students in grade 11 and 12 a more in-depth look at the application process for UBC's undergraduate programs. The session will cover general information and also take a closer look at how to write your Personal Profile. This workshop is camera off but will require anonymous participation and virtual discussion. Seats always fill up quickly, register early.

Thursday, September 18, 5.30-7 pm. [Register](#). | **Wednesday, October 08**, 4-5.30 pm. [Register](#). | **Tuesday, October 28**, 5.30-7 pm. [Register](#). | **Thursday, November 13**, 4-5.30 pm. [Register](#)

TOMORROW - UBC OKANAGAN

Discover UBC's Okanagan campus by connecting with current students. Discover what it's truly like to be part of UBC-O's close-knit, vibrant community, renowned for its world-class academics and over 300 days of sunshine. UBC Advisors will be available during the event, to answer any questions that you might have.

Princess Margaret Secondary School, Surrey. **Thu, Sept 18**, 6.30-8 pm. [More here](#).

WESTERN IVEY HONOURS BUSINESS - AEO PATHWAY

Students can get an overview of the Ivey Business program and receive detailed information about the Advanced Entry Opportunity (AEO) admissions process. Understand the key steps and requirements to make an informed decision. **Tue, Sep 23**, 4-5 pm. [Register](#).

DOUGLAS COLLEGE INFO SESSION

Learn about important details such as admissions requirements, co-op opportunities, career pathways, university transfer options, curriculum guidelines, and more. Plus, sessions are program-specific, led by a faculty member. Register/ see which faculties are participating [here](#). **Wed, Sept 24**, 5-6 pm. Online.

WATERLOO ENGINEERING

Not sure which of the 15 programs fits your interests? This session will help you explore your options, discover unique program features, and learn how to align your passions with your future in engineering.

Wed, Sept 24, 2-3 pm. [Register](#).

DISCOVER SFU BEEDIE SCHOOL OF BUSINESS

Students interested in pursuing the BBA at SFU's Beedie School of Business don't want to miss this exclusive on-campus event. Get a first-hand look at what it means to study business at SFU, connect with like-minded peers from across the Lower Mainland and current Beedie students, build connections with Beedie recruiters who will support you throughout the application process, and have the opportunity to use this experience on your supplemental application. The event will include a sample lecture, an introductory case competition, a student panel, complimentary lunch, and an optional campus tour. **Friday, October 24 (Pro D Day)**, 9 am - 4 pm. Students with strong academic standing, leadership experience, or a passion for business and making an impact are encouraged to register. Only 80 students will be selected. [Apply here](#) by **September 28**.

CUE CANADIAN UNIVERSITIES EVENTS

Grade 11 and 12 students are invited to the CUE! Chat with university representatives from across the country, ask your questions, collect information about programs and institutions. Prepare for the public events by exploring university profiles! [Register to attend](#)!

- **Monday, September 29**: Delta Hotel Burnaby, 6-8 pm
- **Thursday, October 2**: Sheraton Hotel Guildford (Surrey), 6-8 pm

APPLY TO UBC ENGINEERING

Future students are invited to learn more about applying to UBC Engineering. Learn about course planning, admissions requirements, and the application process! Parents, guardians, teachers, and counsellors are also welcome to attend. **Wed, Oct 01**, 5-6 pm. [Register](#). | **Thu, Oct 2**, 5-6. [Register](#).

STUDY IN THE UK

Students thinking about pursuing post-secondary education in the UK are invited to connect with representatives from over 50 UK universities and learn about the options available to them. Learn about the UCAS application process and direct-entry programs incl. Law, medicine, pharmacy, and much more.

Fri, October 3, 3-7 pm, SFU Harbour Centre Campus, downtown. [Register here](#).

SCHOLARSHIP/AWARD/BURSARY INFORMATION

LORAN SCHOLARSHIPS

More than just a scholarship, the Loran Award offers a four-year leadership-enrichment program, financial support of more than \$100,000 (36x), and diverse opportunities for experiential learning. Offered in partnership with 25 Canadian universities. Applicants must have demonstrated outstanding service and leadership and an 85%+ average. Additionally, up to 54 x \$6,000 Finalist Awards and up to 70 x \$3,000 Provincial Awards are available. **Deadline: October 16.** [Details here.](#)
Students can [sign up for a webinar](#) to learn more: **Tue, Sept 16 at 3 pm, or Thu, Sept 18, at 5 pm.**

UNIVERSITY OF TORONTO: BOOK AWARD & NATIONAL SCHOLARSHIP

U of T's flagship scholarship for domestic undergraduate students covers tuition, incidental and residence fees for up to four years of study. Have you demonstrated outstanding academics, creative thinking, broad achievement and a deep commitment to the school and your community? Apply for the book award and **submit your request for nomination by Sun, October 5.** If you are selected, you must apply for admission to U of T **by Oct 17** and submit your scholarship application **by Oct 31.**
[More here.](#)

SCHOLARSHIP MEETING #1

Scholarship Meeting #1 (General information for students looking for financial aid to pay for post-secondary): **Wednesday, October 8th** after school, library.

TD SCHOLARSHIP FOR COMMUNITY LEADERSHIP

Up to 20 awards of up to \$70,000 over 4 years of your undergraduate studies are available for graduating students who have shown a commitment to making a positive difference in your community. **Deadline to apply is October 22.** [More info.](#)

ATHLETICS



Dr. Charles Best Secondary Athletics
Home of the Blue Devils
[@charlesbestscho](#)
[charlesbestathletics.weebly.com](#)



For secondary sport updates and information...



[Follow Charles Best Athletics on Instagram here](#)

TODAY- BOYS BASKETBALL

Next week there will be two open gyms for boys basketball on **Monday (Sept 15) at 7:30 pm** and **Wednesday (Sept 17) at 7:30 pm.** Hope to see many boys out, tryouts will be the week of September 22.

UPCOMING ATHLETIC EVENTS

| DATE | TEAM | LOCATION |
|-----------------------------|-------------------------------|------------------------------------|
| Wed. Sept. 17 all day | SENIOR BOYS SOCCER | Tournament on upper field |
| Wed. Sept. 17 @ 3:30pm | CROSS COUNTRY TRACK | Mini Meet @ Munday Park |
| Thurs. Sept. 18 TBD | SENIOR BOYS SOCCER | TBD match @ Centennial Sec. |
| Thurs. Sept. 18 @ 3:30pm | FIELD HOCKEY | AWAY game @ Centennial |
| Fri. Sept 19 all day | JUNIOR GIRLS VOLLEYBALL | @ Pinetree all day |
| Fri. Sept 19/Sat. Sept. 20 | JUNIOR/SENIOR BOYS VOLLEYBALL | UBC Thunderbird Classic tournament |
| Mon. Sept. 22 | CROSS COUNTRY TRACK | Aldergrove Invitational Meet |
| Fri. Sept. 26/Sat. Sept. 27 | JUNIOR BOYS VOLLEYBALL | PMSS Jr. Boys Volleyball Challenge |